



Alberta 55 plus Provincials (Games)

Activity Information Handbook

Provincial Office

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RULES AND ENTRY PROCEDURES

A. GENERAL RULES

1. The 2015 Alberta 55 Plus Summer Games are open to all residents of Alberta who are Alberta 55 plus members and who qualify through zone playoffs.
 - a. For all age divisions, participants must fall within the age group indicated by December 31, 2015. Note that age divisions for some activities have been structured to allow older participants the flexibility of competing in their actual age category, or moving down to compete in a younger category. Older participants who have this choice must declare the age category they will participate in, prior to playoff competition.
 - b. When forming teams where more than one age category exists, if any member of a pair or team is in the younger age category, the pair or team must compete in that category. If all members of the team (or pair) are in the older age category, the pair or team may only compete in one age category at the zone playoffs, and must declare the category prior to competition.
2. Alberta 55 Plus Summer Games competition shall be open only to Albertans whose major domicile has been the Province of Alberta for a period of at least three (3) months just prior to the Games, with the following exceptions:

Participants residing at an address outside the Province of Alberta are eligible for the Alberta 55 Plus Games if they meet all of the following conditions:

- a) they reside near the Alberta boundary and are members of an Alberta sport association or recreation association rather than one from their own province.
- b) they do not compete in any other province's playoffs or Provincial Seniors or 55 Plus Games.
- c) they sign the Alberta 55 Plus Games waiver confirming the above two conditions.
- d) Participants whose major domicile is the Province of Alberta, but who have resided in another location for all or part of the three-month period prior to the Games, are eligible to participate.

4. Each participant shall compete for the zone in which he/she makes his/her permanent residence.

5. Competition Categories:

a. Singles: Many events are listed specifically for Women only or Men only.

b. Mixed Doubles/Pairs/Teams: Mixed Doubles must be composed of one man and one woman. Mixed Teams must have an equal number of males and females, unless otherwise specified within this book.

c. Open: Men and women will compete against one another as equals. In open doubles/pairs events, partners may be two men, two women, or one man and one woman. In larger teams, any combination of males and females is possible, unless otherwise specifically indicated in this book.

6. Competition Disputes

Zone Level (complaint must be registered with the competition official in charge within 1 hour of the completion of competition).

If a controversy should arise that is not covered in the guidelines, a ruling will be made by the official in charge. If a dispute still exists, a final decision will be made by a jury composed of the following:

- Competition official in charge
- Alberta Games Consultant
- Provincial Advisor
- Alberta 55 plus Zone Activity Director

b. Alberta 55 Plus Games Level (complaint must be submitted in writing to the competition official in charge within 1/2 hour of the completion of competition. Please use the "Official Protest Form", available from the competition official in charge.)

The procedure is the same as for zone disputes except for the composition of the jury. The Games jury will be composed of:

- Competition Official in charge
- Host Community Activity Director (or designate)
- Provincial Advisor
- Zone Chef de Mission

c. Jury decisions are final.

7. Substitution

- a. A substitute is an individual or team who replaces someone who is already pre-registered as a participant. If an individual or team requires a substitute prior to the Alberta 55 Plus Games, the individual must have participated in the zone playoff. If this is not possible, the Provincial Advisor and the Alberta Games Consultants must approve the proposed substitute.
- b. Only one substitute per team of four or less will be permitted. If a substitute is required for any member of a team of four or less, the runner up "teams" in the zone playoff will be given the opportunity to provide a player as a substitute. In the case of doubles/pairs, this should be the preferred option. However, if the remaining partner does not wish to pick up a new partner, then he/she shall drop out and the second place "pair" shall be invited to go in their place.

Note: if substitutes are required for two or more members of a four-person team, then the runner-up team(s) in the zone playoff shall be given the opportunity to attend.

- c. The competitors and their events as submitted to the Zone Activity Director cannot be substituted for except in the case of illness, injury or other reasons acceptable to the Zone Activity Director involved and the Provincial Advisor.
- d. The host community/host zone will have the prerogative of filling in local participants for team events that field less than the required number of players at the Games. A random draw will be used, or, if a zone playoff occurred in the community in that activity, "runner-up" participants will be considered in order of placing. The Provincial Advisor must also approve any of these late fills.

8. Replacement Teams and Competitors ("Fills")

a. Policy Statement

The Alberta Sport Recreation Parks & Wildlife Foundation attempts to maintain a balance in the number of competitors representing each zone at Alberta 55 Plus Provincials. A full complement of eight zones participating in each activity/sport is encouraged.

After the zone playoffs, when one or more of the eight zones is missing representatives from an event(s), replacement of the missing representative (s) may be allowed. Decisions will be made by the Alberta Games Consultants and the Provincial Advisor in consultation with the Host Community Activity Director.

b. Guidelines and Procedures

- a. The replacement team (fill-in) or competitor must be of a comparable level of ability and be fully eligible and have participated in the designated zone playoff. Younger competitors cannot be used to "fill-in" for vacancies in older age categories.
- b. When considering "filling" individual positions, a maximum number of fill replacements per event or age category will be established by the Alberta Games Consultant(s) and the Provincial Advisor in consultation with the Host Community Activities Director.
- c. The first opportunity to fill-in a singles or team vacancy (including pairs/doubles) is provided to the zone with the vacancy. If appropriate, the zone should attempt to fill the vacancy by allowing older competitor(s) to move down from a different age category of that activity. (e.g. If an activity has 55+ and 70+ age categories for Doubles, and a zone has a vacancy in the 55+ category, the runner-up pair in the 70+ category in that zone could be asked to fill-in the vacancy.)
- d. The next opportunity to fill-in a single or team may be provided to the Host Community.
- e. If the Host Community is unable to fill the vacancy, the opportunity may then be provided to the Host Zone.
- f. If neither the Host Community nor the Host Zone is able to provide the necessary fill-in, other zones may be given the opportunity. If more than one zone is able to fill the vacancy, consideration will be given to the number of participants that were involved in the zone playoffs in that particular event.
- g. All approved fill-ins must properly register and remit applicable fees.
- h. All rights and privileges will be extended to fill-in teams and individuals.
- i. Fill in teams and individuals will compete for the zone in which they are filling for (Rule revised March 19, 2012).

B. ALBERTA 55 PLUS GAMES TROPHIES

Alberta 55 plus Wild Rose Award is awarded to the eldest participant at the Games. There must be a three-year interval between receiving this award. The eldest participant in each activity will be honoured with a certificate highlighting this achievement after their activity competition at the Games is completed.

Spirit of Participation is awarded to the zone that exemplifies the true spirit of participation with personal integrity and sportsmanship both in and out of competition.

Lieutenant Governor's Cup is awarded to the zone that has shown the most improvement from the previous Alberta 55 Plus Summer Games.

The Alberta 55 Plus Zone Championship Trophy is awarded to the zone achieving the most points for the activity competitions in the Alberta 55 Plus Summer Games.

C. PARTICIPANTS' CODE OF CONDUCT

The Alberta 55 Plus Games is directed by the highest standards of good sportsmanship and fair play. Therefore, participation demands high standards of personal conduct on and off the field of play.

ALL PARTICIPANTS SHALL:

1. Represent their zones as goodwill ambassadors, with dignity, personal integrity, and within the spirit of good sportsmanship at all times both in and out of competition.
2. Attend both the Games Opening and Closing Ceremonies, wearing the provided zone identification. Your zone shirts should be worn during the medal presentations and throughout the Games as much as possible.

SHOW RESPECT FOR:

3. The members of your own team and the entire contingent representing your zone;
4. The members of all teams competing from other zones;

5. The rules and standards set down by the ASRPWF, Alberta 55 plus Association, the Host Community, and the Mission staff;
6. The Activity/Sport officials' decisions;
7. The people of the host community including Games Staff, volunteers, spectators, local business personnel, etc.
8. The Games policy stating that all Games activity venues shall be designated 'non-smoking'. Refrain from consuming alcoholic beverages during the Games competitions.

D. DISCIPLINE COMMITTEE

- 1) Any actions deemed inappropriate will be brought to the attention of the Mission Staff.
- 2) If necessary, the Discipline Committee will be notified and a hearing will be held with the individual to determine suitable disciplinary action. The Discipline Committee consists of the following:
 - Alberta Games Consultant
 - Zone Chef de Mission
 - Chair of the Host Community Organizing Committee or designate
 - Provincial Advisor
- 3) Discipline may range from partial to full suspension of Games privileges, including removal from competition to complete expulsion from the Games, with the return of the offender at their own expense.
- 4) Individuals responsible for willful damage will make full restitution to the Host Community Organizing Committee.
- 5) If any situation should arise which requires police intervention, the RCMP or local police will take appropriate action to resolve the situation.
- 6) Disciplinary actions may be undertaken by the Alberta Sport, Recreation, Parks and Wildlife Foundation and the Alberta 55 plus Association regarding involvement in future Alberta 55 Plus Games, and any associated sanctioned events.

- 7) In any situation involving the Disciplinary Committee, a letter outlining any action taken will be sent to the individual, the ASRPW Foundation and to the Alberta 55 plus Association.

E. ENTRY PROCEDURES

Check with your Zone Representatives (listed on page 13) or the Provincial Sport Advisor for information regarding zone playoffs or go to www.albertagames.com

Playoff activities at any level (house, club, area or zone) **shall not commence** before **March 31, 2015**. All zone playoffs **must be completed by June 19, 2015**.

Completed registration forms are to be submitted to your Zone Activity Director (on page 13) or Zone President. The Zone Registration Committee will forward all registration information to the Calgary office of the ASRPWF.

F. FEES

1) Alberta 55 plus Association Membership Fee

A valid membership is required (\$30.00 / year) to enter playoffs, beginning at the club (house) level, area level, or zone level. A fee to cover the playoff costs may also be levied.

G. ACTIVITY RULES

Detailed rules for each activity/sport are included on the following websites or can be obtained by contacting your Zone Activity Director (on page 13):

www.alberta55plus.ca