
Alberta 55 plus Golf Rules

General Information

The rules listed in this section shall be the official rules for any **Alberta 55 plus** event. All Alberta 55 plus Rules are located on our web site at: www.alberta55plus.ca. If there is a discrepancy between any printed rules, the version available on our web site shall prevail.

Entry Procedures: Check with your Zone Activity Director for playoff information and date. Contact information is listed on our website at www.alberta55plus.ca

Game Courtesies

Rules are made to be followed by all players to make games happen. But often there are unwritten “rules” or courtesies which will make the game much better with fewer problems for all. Whether the game is a friendly recreational event among friends or part of an important tournament, participants should practice good sportsmanship and respect for their competitors.

Rules for many of the activities that 55 plus play are contained in rules books written by provincial, national or international governing bodies. These rules are often referred to but any adaptations to these rules will be listed within each rule.

Age Groups / Events

All participants must fall within the age group indicated by December 31 of the Event year. All participants in Zone Playoffs must be Active Members.

To allow for more equal competition, any participant 5+ years older than the current eldest age category may be given the option of using the forward tees.

Age	Events	Participants Advancing to Provincial Games
55+	Ladies – Callaway	1 per Zone
55+	Men’s – Callaway	1 per Zone
65+	Ladies – Callaway	1 per Zone
65+	Men’s – Callaway	1 per Zone
75+	Ladies – Callaway	1 per Zone
75+	Men’s – Callaway	1 per Zone
80+	Ladies – Callaway	1 per Zone
80+	Men’s – Callaway	1 per Zone
85+	Ladies – Callaway	1 per Zone
85+	Men’s – Callaway	1 per Zone
55+	Ladies – Low Gross	1 per Zone
55+	Men’s – Low Gross	1 per Zone
65+	Ladies – Low Gross	1 per Zone
65+	Men’s – Low Gross	1 per Zone
75+	Ladies – Low Gross	1 per Zone
75+	Men’s – Low Gross	1 per Zone
80+	Ladies – Low Gross	1 per Zone
80+	Men’s – Low Gross	1 per Zone
85+	Ladies – Low Gross	1 per Zone
85+	Men’s – Low Gross	1 per Zone
TOTAL NUMBER OF PARTICIPANTS PER ZONE = 20		

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The Alberta 55 plus Games and all sanctioned ALBERTA 55 PLUS events will follow the rules as outlined by the **Royal Canadian Golf Association**. These rules are available from any affiliated golf course or by searching www.rcga.org or by contacting:

Royal Canadian Golf Association
Suite 1 – 1333 Dorval Drive
Oakville, ON L6M 4X7
Phone (905) 849-9700

General Overview

At the Provincial Games, winners of the Low Gross competitions will be declared according to combined two-day low gross scores. In the event that two or more players are tied, extra holes will be played until tie is broken (sudden death). Winners of the Callaway competitions will be declared according to combined two-day Callaway scores. In the event that two or more players are tied, the player with the lowest total scores (two-day combined) will be declared winner.

- a) Each Zone Playoff shall host a **minimum** of one 18-hole competition to determine who qualifies for the provincial games. It is up to the zone to determine whether this zone competition will be “open” or if each club shall hold a playoff to determine qualifiers to go on to the Zone playoff.
- b) At the Provincial Games, medals will be awarded on the basis of 36 holes, singles competition; (18 holes on each of 2 days).
- c) No coaches or caddies are allowed on course during competition.
- d) Slow play rules will apply; course marshals will monitor slow play. At the Provincial Games, participants will be required to use power carts.

OFFICIAL CALLAWAY HANDICAP SYSTEM

Under the Callaway system a player's handicap is determined after each round by deducting from his gross score for eighteen holes, *some of the worst individual score(s) he makes during sixteen holes (in accordance with the chart below)*. Note: In determining his total (gross) score, the golfer will use the actual total score that he received on the hole (even if it is more than double the par value of the hole).

NOTE: When calculating the Callaway handicap: no “worst” hole to be deducted more than twice its par (ie. maximum deduction on a par 3 = 6; maximum deduction on a par 4 = 8; maximum deduction on a par 5 = 10). The table below shows the number of “worst holes” he may deduct and the adjustment to be made, based on his total (gross) score. Refer also to Sample, below.

		70	71	72	Scratch No Adjustment
73	74	75			1/2 worst hole & Adjustment
76	77	78	79	80	1 worst hole & Adjustment
81	82	83	84	85	1 1/2 worst holes & Adjustment
86	87	88	89	90	2 worst holes & Adjustment
91	92	93	94	95	2 1/2 worst holes & Adjustment
96	97	98	99	100	3 worst holes & Adjustment
101	102	103	104	105	3 1/2 worst holes & Adjustment
106	107	108	109	110	4 worst holes & Adjustment
111	112	113	114	115	4 1/2 worst holes & Adjustment
116	117	118	119	120	5 worst holes & Adjustment
121	122	123	124	125	5 1/2 worst holes & Adjustment
126	127	128	129	130	6 worst holes & Adjustment (this is the limit)
					Maximum Handicap = 50

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Adjustment Chart (add to or deduct from Handicap)

-2	-1	0	+1	+2
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Notes

1. When calculating handicap, no "worst" hole to be deducted more than twice its par.
2. Half strokes count as a whole (half of 7 is 3 1/2, count 4).
3. Two random (hidden) holes **will** be selected as those not to be included in deductions for worst holes (instead of 17 and 18) – 2003 revision.
4. In case of ties for net, lowest **final handicap** takes preference. When both Net and Handicap are tied, apply Handicap to 17-hole total, or the 16 or 15 hole total until tie is broken.

Sample:

(Note hidden holes are #4 and #11, i.e. these holes cannot be deducted as worst holes)

HOLE	1	2	3	4	5	6	7	8	9	OUT	10	11	12	13	14	15	16	17	18	IN	TOTAL	HANDICAP	NET
PAR	4	3	5	3	4	4	5	3	4	35	4	4	3	4	4	5	3	4	4	3	70	-	-
PLAYER	6	5	9	5	4	5	6	4	8	52	4	10	7	1	5	9	4	6	6	6	114	38	76

With 114 Gross Score: from Table use 4 1/2 Worst +1 (Adjustment)

First Worst Hole	11	Hole 13	Par 4	Use 2 x 4	=	8	
Second Worst Hole	9	Hole 3	Par 5	Use	=	9	
Third Worst Hole	9	Hole 15	Par 5	Use	=	9	
Fourth Worst Hole	8	Hole 9	Par 4	Use	=	8	
Fifth Worst Hole (1/2)	7	Hole 12	Par 3	Use 2 x 3	= 6 x 1/2 =	3	TOTAL 37 + 1 = 38

Note: Although Hole 11 was actually the second worst hole with a score of 10, it is a hidden hole in this case and cannot be used. (The other hidden hole in this example is Hole 4, which was not required for a deduction)