



Alberta 55 plus

Alberta Senior Citizens Sport & Recreation Association

Newsletter - Fall 2017

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Important Dates

April 13-15, 2018

Spring Provincial Games in Camrose, Alberta.

March 15, 2018

Spring Provincial Games registration deadline.

May 7, 2018

Annual General Meeting in Red Deer, Alberta.

August 21-24, 2018

Canada 55+ Games in Saint John, New Brunswick.

Contact Us

The Provincial office hours are 9:00am to 1:00pm, Mon - Fri.

Email: info@alberta55plus.ca

Phone: (403) 700-0454

Web: www.alberta55plus.ca



Message from the President

This past summer has been one of great successes for Alberta 55 plus with the completion of Calgary and High Prairie provincial games we have learned how

we need to proceed into the future. The glowing complements these communities received, deservedly so, will make the next host community strive to do even better.

We have received word from Alberta Sport Connection (the Foundation); they did not find a host community for their Senior Master games in 2019. On October 3 Alberta 55 plus communicated to Sport Connect we would be organizing and running our own Alberta 55 plus games in 2019 and going forward. We will be able to plan the games the way we want and run them the way we want, with the timing of our choosing.

We will start negotiation immediately for the winter games in the spring of 2019, followed by the summer games in July or August. This means that we will be able to host skiing events again and that the games will roll out in a timely manner. As we move ahead with this plan, we will be asking members to help in the organizing and running of the events.



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For Active Albertans!



Member Insurance

Johnson Insurance is our preferred insurance provider. They offer Alberta 55 plus Members exclusive discounts on



Home, Auto and MEDOC Travel Insurance plus Air Miles Reward Miles.

You could **Win A Trip** to your dream destination in Canada by contacting Johnson Insurance for a Home or Auto Insurance Quote; there is no purchase necessary and you will be automatically entered to win.

For more information, visit our web site (www.alberta55plus.ca) and click on the **Insurance** tab at the top.



BFL Canada provides Alberta 55 plus Members with our Liability Insurance (Bodily Injury & Property Damage). Every paid Alberta 55 plus Member is covered by this insurance, which is why all participants in any of our Events must be a paid Member in order to be covered.

For more information, visit our web site (www.alberta55plus.ca) and click on the **Insurance** tab at the top.

The Board of Directors still has a very tall order ahead to organize the new look that we are promoting for our members. The membership sign up website will start to reflect a big change very soon. When you buy your membership on line you will check a box for the waiver and that waiver will be the only one needed until you purchase a new membership the next year, all events will be covered by simply checking that one box.

Now that our future path has cleared, we will be looking at sponsors for all sorts of things, retail discounts, perhaps busing subsidies to get to the games and, of course, money to put the games on.

I am very excited about this new plan and feel that Alberta 55 plus has just started to roll.

Next spring we will have Provincial games in Camrose and from there contract bridge and scrabble will be Canada Games qualifiers. Those two events will be the last to fill the roster for Alberta going to St. John.

We will have a ski meet this winter but the details will be released as the dates are firmed up so stay tuned.

The Board of Directors would like to thank all our members for your support in the past and into the future, without your support our job would be impossible.

Respectfully submitted,
Wayne Davies
President, Alberta 55 plus
Email: president@alberta55plus.ca

Update from the Provincial Coordinator

I have been in the position of Provincial Coordinator now since January of this year, and this newsletter includes some facts about what I have learned and some answers to questions that are frequently asked by both existing and potential members.



In September, our Executive Committee dedicated a full day of their time during the Labour Day weekend in an effort to begin review and updates to our 5-Year Strategic Plan. Zone Presidents (or delegates) were contacted by myself in order to obtain information necessary to determine our strengths, weaknesses, opportunities and threats. Challenges and issues specific to each Zone were discussed and documented, and a deadline for December of this year was set in an effort to complete our Plan and ensure that our organization is prepared to move forward in 2018.

Committees will be updating current documents including Bylaws, Rules, Hosting Guidelines and our Strategic Plan. We are working to update existing Policies and Procedures to make the jobs of our volunteer Boards easier and less time consuming, and developing Games Programs that will assist communities hosting our events with everything from venues to results.

These efforts have been initiated so that Alberta 55 plus can move forward in 2018 with targeting additional corporate sponsorship, grants and funding that have previously not been pursued. Next year will see Alberta 55 plus taking great strides in moving forward on our own.

Respectfully submitted,

John Gregory

Provincial Coordinator

Email: info@alberta55plus.ca

Did You Know?

Provincial Coordinator

This position is part-time and is paid for by Alberta 55 plus out of funds received through a combination of membership fees and grants. The Coordinator does not work for Government and is responsible for executing Alberta 55 plus Board decisions and reports directly to the President. Our Provincial office in Edmonton is located in a Government building shared with dozens of other similar organizations who share their knowledge and expertise.

Provincial Games Update



Summer Provincial Games

Calgary, August 10-12, 2017

With over 1000 participants in 11 activities, the Calgary 55 Plus organizing committee did a tremendous job making this event happen. For results and photos, visit our web site: www.alberta55plus.ca/games

Fall Provincial Games

High Prairie, September 14-16, 2017

Roughly 360 participants made High Prairie their temporary home and competed in Bocce Ball, Darts, Crib, Duplicate Bridge, Euchre, Military Whist, Floor Curling, Floor Shuffleboard and Crafts. For results and photos, visit our web site:

www.alberta55plus.ca/games



8-Ball Provincial Games

Red Deer, September 29-30, 2017

With 37 participants, a round robin format and 16 tables this event was a huge success.

For results and photos, visit our web site:

www.alberta55plus.ca/games

Did You Know?

Online Photo Albums

Several of our coordinators and members have submitted photos of our Games and Ceremonies. Visit our web site and view over a dozen albums: <http://alberta55plus.ca/photos/>

Canada 55+ Games Update

Saint John, New Brunswick

August 21-24, 2018



Congratulations to our Members who qualified to participate in the upcoming Canada 55+ Games in Saint John, New Brunswick. Below are the sports/events in next years Canada 55+ Games and which medal winners qualify to go. Please read to be sure you know and understand who qualifies. Registrations Forms will not be out until February 1, 2018.



Air Canada is the only airline that flies directly to Saint John. If you are using Air Canada you will automatically get a 15 % discount when you book your flight. You will need to use the Promo Code **37RQDDZ1**. If you want to fly West Jet, they fly into Moncton, you can rent a car and it is a nice little over an hour drive to Saint John.

They are booking hotels by Province and Alberta's hotel is:

The Delta Hotel Saint John/Marriott

39 King Street, Saint John
Telephone: +1 (506) 648-1981
Toll Free: +1 (888) 236-2427



Following is the medal winners who qualify to go. Contract Bridge and Scrabble will have their Provincial Playoff in April in Camrose.

8 BALL

Top 4 Men and women each age category: 55+, 65+ and 75+ (all singles)
Total 24

BOCCE

Gold and Silver Team winners in 55+ and 70+
Total 16

BOWLING

Gold & Silver winners in Women's Singles
Gold & Silver winners in Men's Singles
Gold & Silver winners in Mixed Teams
Age groups are 55+, 65+, 75+ and 85+
Please note Teams are 5 people and this is Candlepin Bowling

BADMINTON

Gold & Silver winners in Men's, Women's, and Mixed doubles: Age groups 55+, 65+ and 75+
Total: 36

CONTRACT BRIDGE

Top 5 Pairs
Total: 10

CRIBBAGE

Top 5 Pairs
Total: 10

CYCLING

Gold, Silver & Bronze: Age 55+, 65+ and 70+
3 Men & 3 Women in each in Rec. & Comp.
Total: 36

DARTS

Top 4 Men and Women in 55+, 65+ and 75+
Total: 24

DUPLICATE BRIDGE

Top 5 Pairs
Total: 10

FLOOR SHUFFLEBORD

Gold, Silver and Bronze
Age 55+ and 70+
Total: 12

GOLF

55+ Women & Men (Calloway) Top 10 each
55+ Women & Men (Low Net) Top 10 each
Gold & Silver Winners in Men's and Women's
Low Gross in 55+, 65+, 75+, 80+ and 85+
Total: 60

HORSESHOES

Gold, Silver & Bronze in each age category
55+ and 65+ Men's and Women's
3 of each in A,B,C,D
Total: 48

ICE CURLING

Gold only team in Men's, Women's
And Mixed in each age 55+ and 65+
Total: 30

HOCKEY

Gold and Silver Teams 55+ Men & Women
Men's 60+, 65+, 70+, and 75+ (Teams of 18)
Total: 216

PICKLEBALL

Gold & Silver winners (all doubles)
Men's, Women's & Mixed, Age 55+, 60+, 65+, 70+ and
75+
Total: 60

SCRABBLE

Gold Silver & Bronze in 55+ Category A and B
Category C - Top 5
Total: 11

SLO PITCH

Gold & Silver Open Teams 55+, 65+ and 70+
55+ Mixed Teams - Top 4
Total: 160

SWIMMING

Gold, Silver & Bronze, Men's & Women's
Age: 55+, 60+, 65+, 70+, 75+, 80+ and 85+
Total: 42

TENNIS

Gold & Silver in Men's, Women's & Mixed
Doubles Age, 55+, 65+ and 75+
Total: 36

TRACK

Gold, Silver, Bronze in Men & Women
Age: 55+, 60+, 65+, 70+, 75+, 80+ and 85+ is
unlimited.
Total: 36 +

LAWN BOWLS

1 pair each in 55+ Men, Women and Mixed and 70+ Men, Women and Mixed
Total: 12

If you would like to compete in this please let us know. This is on a first come basis.

Registration Forms will be sent out as soon as they become available. Please direct any questions to our Canada 55+ Games Director: Pat Covington / E Mail: canada55plusgames@alberta55plus.ca

Did You Know?

Zone Specific Information

You can easily find news, events and contact information relative only to your area by going to our web site and choosing the Zones tab: <http://alberta55plus.ca/zones/>

Provincial Office

Contact the Provincial office if you are not sure who to contact within your Zone, or if you are having problems paying online using your credit card.

Alberta 55 plus

11759 Groat Road NW
Edmonton, AB T5M 3K6
Phone: +1 (403) 700-0454

By Email

Send your email to: info@alberta55plus.ca



Board of Directors

PRESIDENT

Wayne Davies
Email: president@alberta55plus.ca

VICE PRESIDENT - NORTH

Pat Covington
Email: vpnorth@alberta55plus.ca

VICE PRESIDENT - SOUTH

David Finn
Email: vpssouth@alberta55plus.ca

SECRETARY

Rosella Snopek
Email: secretary@alberta55plus.ca

TREASURER

Ed Michel
Email: treasurer@alberta55plus.ca

TECHNICAL DIRECTOR - NORTH

Robert (Bob) Walsh
Email: technicalnorth@alberta55plus.ca

TECHNICAL DIRECTOR SOUTH

Nick Radmanovich
Email: technicalsouth@alberta55plus.ca

ZONE 1

Mike Bennett, President
Email: zone1president@alberta55plus.ca

ZONE 2

Linda Traquair, President
Email: zone2president@alberta55plus.ca

ZONE 3

Doug Kyle, President
Email: zone3president@alberta55plus.ca

ZONE 4

Sue Boswell, President
Email: zone4president@alberta55plus.ca

ZONE 5

George Oko, President
Email: zone5president@alberta55plus.ca

ZONE 6

Caroline Anker, President
Email: zone6president@alberta55plus.ca

ZONE 7

Robert Cormack, President
Email: zone7president@alberta55plus.ca

ZONE 8

Mary Zabolotniuk, President
Email: zone8president@alberta55plus.ca



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Call or visit us online for a quote.

1.800.272.8848

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